

**STORY BRIDGE
ADVENTURE CLIMB**

HSW

FELONS BREWING CO.



Preparation & Safety Briefing – Step-by-Step Guide for Hearing Impaired Climbers

Welcome!

This guide explains exactly what will happen during the **15-minute preparation and safety briefing** before your climb.

Knowing what to expect can help you feel relaxed and ready for your adventure.

Before You Arrive

- Please use the toilet before your climb begins.
- The only items you can take onto the bridge are:
 - Yourself
 - Glasses (if you wear them)
 - Hearing aid (if used) - may need securing with medical tape

Everything else must stay in a locker, including:

- Mobile phones
- Watches
- Jewellery
- Bracelets
- Earrings (if required)
- Wallets
- Keys
- Bags
- Cameras
- Any loose items



Step 1 – Meet Your Climb Leader

A Climb Leader will greet everyone at the front entrance and introduce themselves.

Step 2 – Breathalyser

Your Climb Leader will demonstrate how to use the breathalyser.

Simply:

- Place your mouth near the mouthpiece.
- Count aloud towards the mouthpiece as instructed.

This confirms everyone is below the legal drink-driving limit before climbing.



Step 3 – Enter the Base

Your Climb Leader will ask for your name and welcome you inside.

Step 4 – Store Your Belongings

You will be shown a locker.

Please:

- Place all personal belongings inside.
- Enter your own **4-digit code**.
- Turn the handle so that the red dot disappears to lock your locker.

Step 5 – Security Check

Move to another Climb Leader holding a scanning wand.

They will:

- Scan your body.
- Confirm that all personal items have been removed.
- You may also receive your SBAC cap & glasses attachment at this stage.





Step 6 – Harness Bay

The Climb Leader will direct you to your allocated harness station.

Step 7 – Put on Your Climb Suit



Your Climb Leader will give you your climb suit.

Please:

- Step into the suit with zipper to the front.
- You may need to undo the press studs at the ankles to fit your shoes
- Pull it up.
- Zip it completely.

Wait until everyone has finished.



Step 8 – Put on Your Harness

When instructed:

1. Step backwards into the harness.
2. Place both legs through the leg loops.
3. Pull the harness up to your waist.

Wait until everyone has completed this step.

Step 9 – Tighten Your Waist Straps

- Your Climb Leader will ask everyone to tighten the waist straps until they are snug and comfortable.
- These are found in front of the D-shackles at your hips.
- Bend forward at the hips and pull your left hand strap towards your right foot and your right hand strap towards your left foot.



Step 10 – Shoulder Straps

The Climb Leaders will then put in place your shoulder straps and secure the remaining safety equipment.



Step 11 – Final Harness Adjustments

Turn around so your Climb Leader can:

- Tighten the back straps.
- Adjust the harness for the correct fit.



Step 12 – Attach Your Cap & Glasses

If you choose to wear an SBAC cap:

- The climb leader will attach it securely to your climb suit.

If you wear glasses:

- The climb leader will attach it securely to your climb suit.



Final Safety Check

Another Climb Leader will complete one final safety inspection.

They will ask you to:

- ✓ Pull your climb suit up over your legs.
- ✓ Check your shoelaces are tied.
- ✓ Make sure your harness feels comfortable and secure around your waist.
- ✓ Raise both hands above your head so they can confirm all jewellery, watches and bracelets have been removed.
- ✓ If wearing rings, you will be asked to shake your hands vigorously
- ✓ Turn around so they can check that:

- Your cap is attached (if wearing one).
- Your glasses or sunglasses are securely attached.

Once everyone has passed the safety checks, you are ready to climb.





Walking to the Bridge

The group will:

- Leave the base.
- Turn left.
- Travel up the lift to Bowen Terrace.

Group Photo

Before entering the bridge, your group will stop for a photo in front of the Story Bridge.



Connecting to the Safety Line

Your Climb Leader will attach each climber to the bridge safety line **one person at a time**.

- The first climber connected walks up approximately **20 steps** and waits.
- Each remaining climber is connected and joins the group.
- Once everyone is attached to the safety line, the Climb Leader moves to the front of the group.

Your Story Bridge Adventure Climb now begins!

